

New Brunswick

Journal Articles

Day 27-35

Day 27

Distance: 73.19 km

TDTD: 1627.39 km

Candice drove us across the Confederation Bridge and stopped in the Cape Jourmain Wildlife Area. We biked to Shediac. We were going into Moncton the next day so we had to camp here. It was mostly along the ocean. People were really helpful. We had a guy stop and tell us about a detour 5kmm ahead. Nikki had a flat tire and another man stopped to help.

Difficulty: 1

Safety: 4

Rest Spots: 3

Scenery: 4

Day 28

Distance: 48.0 km

TDTD: 1675.39 km

Today we had to do a bunch of RV maintenance and errands. We were able to get the muffler fixed, at a really nice shop called "Infinite Auto". They did a custom weld job for way less than we expected. We then went to get our tires filled, and they had to remove the tires for us to do it. The garage did it for free! We then went to fill propane and they filled it for free.

People from New Brunswick are so nice. It was a really scenic ride especially because we did it during the sunset. It was along the ocean, and there were spectacular views.

Difficulty: 1

Safety: 4

Rest Spots: 5

Scenery: 5

Day 29

Distance: 108.50 km

TDTD: 1735.89 km

Beautiful day today. We planned for a long day due to lack of campsites. Started off as a nice ride along the ocean. We stopped at the Irving Ecological Centre. There was a 1.5 km boardwalk over the dunes along the ocean which was totally accessible. I always loved being by a beach and over the ocean. It can be really difficult in a wheelchair and is hard to find areas to access. After my injury I found myself looking for places I could get to near the ocean. I know this might sound slightly odd considering how I was injured. It was more remote for a section of the ride and it really helped having Candice meet us to refill water.

Difficulty: 2

Safety: 3

Rest Spots: 3

Scenery: 3

Day 30

Distance: 96.7 km

TDTD: 1832.59 km

Today was really hot. We did a really remote section of the route. It is 160 km between campsites. We did 100 km today to get to a spot we could park and "Dry Dock" (Camp in a space without power or water). We had satellite communicators so we could get in touch with

Candice if needed. The road had no shade so we were baking. As a quadriplegic I don't sweat so I am unable to naturally cool myself down. I had to get NikkiD to pour water on me every 5-10 km and we had to keep moving for air flow. We were also limited by how much water we could carry. Together we carry about 10 L. It goes fast when you also use it for cooling. We stopped in the shade near a driveway and asked a man if we could fill our bottles. He also offered to make us Sandwiches!. I would not do this route alone! I would also recommend a support vehicle and satellite communication which we luckily didn't have to use. We found a gravel road at about 100 km into the remote section. It was safe but we had to run the generator all night which was expensive. We used a quarter tank of gas! My tire on my wheelchair blew just as we were pulling in. So lucky.

Difficulty: 5

Safety: 1

Rest Spots: 1

Scenery: 3

Day 31

Distance: 67.63 km

TDTD: 1900.22 km

Another really hot day. I was really nervous on this section of the road. It was really off camber so it slanted towards the ditch. I was really worried about tipping over. There were huge logging trucks coming by. Lots of steep hills. Huge potholes. This ride was nerve racking. We camped at Plaster Rock Tourist Park. Amazing place! They didn't have accessible showers so the owner arranged for us to shower in the nearby arena. He also arranged for a friend to get our laundry done. She picked it up at our trailer, washed it, and brought it back to our trailer.

The owner then looked for a mechanic to help us and then donated to Pedaling Possibilities.

We sat on their dock overlooking the lake where they hold the World Pond Hockey

Championships.

Difficulty: 5

Safety: 1

Rest Spots: 1

Scenery: 2

Day 32

Distance: 54.54

TTTTD: 1954.76 km

So hot! Today we biked from Plaster Rock past Grand Falls. Grand falls was beautiful. We stopped to look at the falls and Nikki and Candice went Zip Lining. It was hilly. My battery died and a nice man saw I was struggling and stopped to help. Biked to a really nice campground with a man made lake with water slides. The girls wouldn't take me down the waterslide!

Difficulty: 3

Safety: 3

Rest Spots: 3

Scenery: 4

Day 33

Distance: 54.7 km

TDTD:

We biked to Edmundston today. I had a lot of bowel issues this morning (10 pound poop) so I felt really drained. Flat ride but felt difficult.

Difficulty: 1

Safety: 2

Rest Spots: 2

Scenic: 2

Day 35

Distance: 68.9 km

TDTD:

Biked into Quebec Today. Candice was able to get the tires on my spare set of wheelchair wheels switched. The road was slightly off camber which was difficult. My body felt great today. We don't speak any French so it was difficult to communicate. They were really nice and understanding so eventually worked out. Rough broken asphalt so lots of spasms.

Difficulty: 1

Safety: 2

Rest Spots: 3

Scenic: 3